



Social determinants of health

Impact member care with in-home assessments

Social determinants of health (SDOH) are conditions in the environments in which people are born, live, learn, work, play, worship and age that affect a wide range of health, functioning and quality-of-life outcomes and risks.¹

While there are as many as 35 different social determinants, the following 8 are the most common¹:



8 most common SDOH

It's clinically important to create programs to help members affected by SDOH barriers. Research shows:



Clinical care impacts only **20% of health outcomes²**



68% of Americans have at least one social determinant challenge and 52% have moderate to high SDOH risk in at least one SDOH category.³



The value of HouseCalls in-home assessments

In-home assessments may help address and document SDOH. Being in a member's home offers a unique opportunity to identify SDOH and document barriers to better health. Advanced Practice Clinicians (APCs) performing in-home assessments may also create referrals that address SDOH needs they observe.

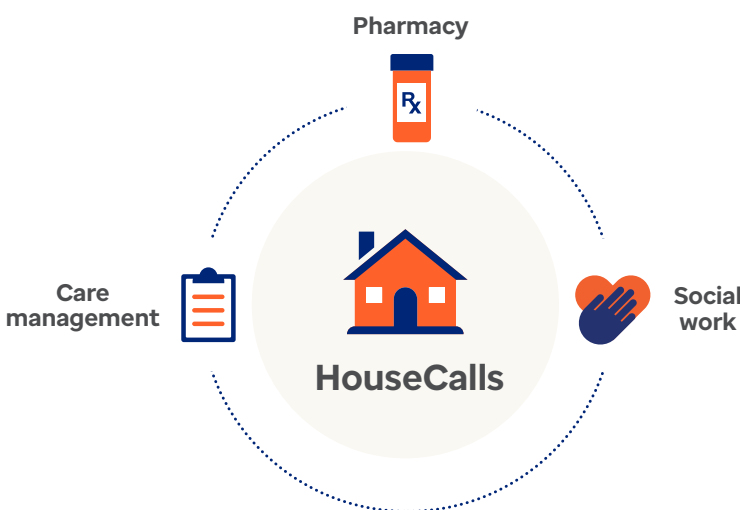


In an in-home setting, a HouseCalls APC assesses the member for SDOH needs. Assessment topics include:

- Family and home, including living situation and at-home assistance
- Income and resources, including current work situation, transportation support and access to the following:
 - Food
 - Utilities
 - Prescriptions
 - Dental care
 - Vision care
 - Clothing
 - Child care
 - Medical care
 - Mental health care
 - Phone
- Social needs, including financial assistance
- Social and emotional health, including the frequency of communication with loved ones
- Personal characteristics, including U.S. Armed Forces discharge and Veterans Affairs support

HouseCalls referrals

Based on the member's responses to the assessment, referrals are generated to HouseCalls teams or transmitted to the health plan for coordination and patient outreach, as appropriate. HouseCalls referral resources include:



Over 1.06M

clinical and social referrals generated in 2023⁴

Contact Optum to learn more today.



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1. Office of Disease Prevention and Health Promotion. health.gov/healthypeople/priority-areas/social-determinants-health. Accessed February 15, 2023.

2. Hood CM, Gennuso KP, Swain GR, et al. County Health Rankings: Relationships Between Determinant Factors and Health Outcomes. American Journal of Preventive Medicine. February 2016; 50(2):129-135.

3. AJMC. Survey highlights high prevalence of social determinant challenges, need to better address them. ajmc.com/view/survey-highlights-high-prevalence-of-social-determinant-challenges-need-to-better-address-them. December 14, 2018. Accessed February 15, 2023.

4. 2023 HouseCalls book of business program data.



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