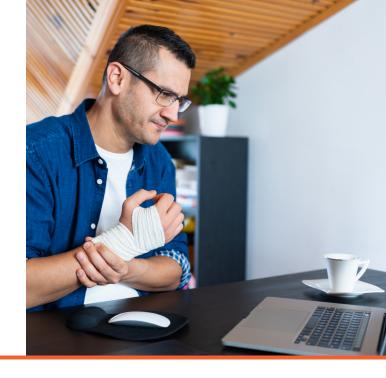
Optum

Workplace Ergonomics

Helping employers reduce the prevalence of musculoskeletal injuries and discomfort related to risk factors at work



The Optum Workplace Well-being solution, ErgoPro, goes beyond typical ergonomic solutions by embedding a specialist to engage and support the employee population with assessments, corrective exercises, educational resources and referrals to next-level care.

The ErgoPro platform provides employees easy online access to identify their discomfort levels, learn how to optimize their workspace, receive exercise recommendations and connect with the specialist to address their MSK concerns.



Self-assessments, functional movement screenings and individualized programming



Comprehensive reporting of employee engagement, discomfort levels, changes in productivity and key trends



Workstation adjustments and modifications with emphasis on proper movement quality and corrective exercise



Customizable platform and program management system available to all employees, regardless of location

ErgoPro helps reduce high-cost MSK claims

14% reduced MSK spend on employees using ErgoPro

Based on client results



Identification of discomfort levels before MSK conditions impact productivity or lead to high-cost claims



Ergonomic specialist available as a US-based or international resource to support global health strategies

Ready for a balanced approach to workplace well-being? **Contact us.** Optum.com/business/contact

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