

2023 Directory of Providers

South Florida



About us

Optum is a nationwide family of dedicated physicians and care teams working together to help people live their healthiest lives.

We bring patients local care, backed by national expertise. We get to know patients as neighbors. And we see your communities as places that impact your health. When you visit our networks in Florida, Optum and WellMed, you get more than a familiar face. Our patients get personal care, backed by the experience and breakthrough research of our team. We use the knowledge of leading doctors across the country to help patients get the care they need. Our goal is to bring personalized care to everyone — working with one person and one community at a time.

Our doctors also get the tools and the time they need to practice medicine the way they always envisioned, so they can get patients more quickly on the path to health and recovery. Our patients also benefit from a personalized care team that stays by their side throughout treatment to coordinate their care.

This directory allows you to preview our list of providers, review their credentials and specialties, find the locations nearest you, or verify insurances accepted. We are grateful to be a part of your health care team. And we look forward to continuing this journey with you.

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Directory may contain expired provider information.
To confirm information, please either call the office of interest or visit:
agentsinfl.com

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Broward County





Krishnamurthy, Jyothi MD

Optum–Atlantic Blvd

8327 W. Atlantic Blvd, Coral Springs, FL 33071

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-2468

Specialty: Family Medicine **Language(s):** English, Tamil

Medical school: Dr. MGR Medical University in Tamilnadu, India

Residency: St. Vincent's Family Practice Residency in Jacksonville, FL

Provider ID # CarePlus 1176267 Humana 226929



Miloscia, John G. MD

Optum–Atlantic Blvd

8327 W. Atlantic Blvd, Coral Springs, FL 33071

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-2468

Specialty: Internal Medicine **Language(s):** English

Medical school: St. George's Medical School, Grenada, West Indies

Residency: Staten Island University Hospital in Staten Island, New York

Provider ID # CarePlus 1112344 Humana 226929



Polsky, Frederick C. DO

Optum–Atlantic Blvd

8327 W. Atlantic Blvd, Coral Springs, FL 33071

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-2468

Specialty: Internal Medicine **Language(s):** English

Medical school: Kirksville College of Osteopathic Medicine in Kirksville, Missouri

Residency: Interboro General Hospital in Brooklyn, New York

Provider ID # CarePlus 1071819 Humana 226929



Bedard, Yelena Z. MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Russian

Medical school: Omsk State Medical Academy in Omsk, Russia

Residency: New York Medical College in New York and Somerset Medical Center, Somerville, NJ

Provider ID # CarePlus 1095668 Humana 171583



Gomez, Amaury DO

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Nova Southeastern University in Ft. Lauderdale, FL

Residency: Palmetto General Hospital in Hialeah, FL

Provider ID # CarePlus 1080690 Humana 171583



Miloscia, Christine Marie MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-5504

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Ross University School of Medicine in the West Indies

Residency: Somerset Family Practice Residency in New Jersey

Provider ID # CarePlus 1112333 Humana 171583



Penate, Israel E. MD

Optum–Coral Springs

9800 West Sample Rd., Coral Springs, FL 33065

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-755-5504

Specialty: Internal Medicine **Language(s):** English, Spanish

Medical school: Instituto Superior de Ciencias Medicas Santa Clara in Villa Clara, Cuba

Residency: Bronx Lebanon Hospital Center, Albert Einstein College of Medicine, in Bronx, New York

Provider ID # CarePlus 1055150 Humana 171583



Perl, Mike MD

Optum–Margate

5901 Colonial Drive Ste 301, Margate, FL 33063

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-935-1477

Specialty: Internal Medicine **Language(s):** English, Hebrew

Medical school: St. Georges School of Medicine in Grenada, West Indies

Residency: Coney Island Hospital in Brooklyn, New York

Provider ID # CarePlus 1000323 Humana 171582



Petrov, Sergey MD

Optum–Margate

5901 Colonial Drive Ste 301, Margate, FL 33063

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-935-1477

Specialty: Internal Medicine **Language(s):** English, Russian

Medical school: Tbilisi State Medical Institute in Georgia, USSR

Residency: Brooklyn Hospital, Cornell University Medical Center, Brooklyn, NY

Provider ID # CarePlus 1167705 Humana 171582



Maria, Arguello MD

Optum–North State Road 7, Broward Family Care (call clinic for a complete list of insurances)

100 North State Rd 7 Suite 301 A-B, Margate, FL 33063

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-933-9090

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - Autonomous National University of Nicaragua

Residency: Resident - St. Mary of Nazareth Hospital Center, Chicago, Illinois

Provider ID # UHC See Payor Website WellCare See Payor Website



Vigarny, Arguello MD

Optum–North State Road 7, Broward Family Care (call clinic for a complete list of insurances)

100 North State Rd 7 Suite 301 A-B, Margate, FL 33063

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-954-933-9090

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - Autonomous National University of Nicaragua

Residency: Resident - St. Mary of Nazareth Hospital Center, Chicago, Illinois

Provider ID # UHC See Payor Website WellCare See Payor Website

Contracted providers

Lauderhill

Internal Medicine

Aguilar, Nelson E. MD

Maytin & Uria MD PA

4300 N University Dr Ste B107

Lauderhill, FL 33351

1-954-746-6900

UnitedHealthcare ID: See Payor Website

Humana ID: 170468

Accepting Patients

Miami-Dade County





Castillo, Ramon M. MD

Optum–Hialeah

415 W 49th St, Hialeah, FL 33012

Mon.–Fri.: 7:30 a.m.–5:00 p.m. | office: 1-305-364-3404

Specialty: Internal Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - Facultad De Ciencias De La Salud, Departamento de Medicina

Residency: Intern/Resident - Dr. Ramon Ruiz Arnau University Hospital

Provider ID # UHC 00040059705 WellCare 2737119



Diaz, Fernando Antonio MD

Optum–Hialeah

415 W 49th St, Hialeah, FL 33012

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-364-3404

Specialty: Family Medicine **Language(s):** English

Medical school: Doctor of Medicine - American University of the Caribbean School of Medicine

Residency: Intern/Resident - University of Texas Southwestern Medical School

Provider ID # UHC See Payor Website WellCare 2737142



Carrillo, Ramon MD

Optum–Little Havana

2974 SW 8th St, Miami, FL 33135

Mon.–Fri.: 7:30 a.m.–5:00 p.m. | office: 1-305-631-3000

Specialty: Internal Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - University of Salamanca School of Medicine

Residency: Intern/Resident - Jackson Memorial Hospital-University of Miami, Resident - Jackson Memorial Hospital-University of Miami

Provider ID # UHC 00040050943 WellCare 2737118



Rivas, Raixa MD

Optum–Little Havana

2974 SW 8th St, Miami, FL 33135

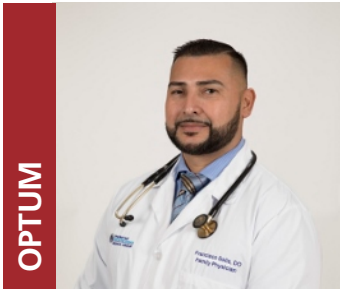
Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-631-3000

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - Medical Science Superior Institute

Residency: Intern/Resident - Mayaguez Medical Center

Provider ID # UHC 00010095671 WellCare 2737172



Solis, Francisco DO

Optum–Little Havana

2974 SW 8th St, Miami, FL 33135

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-631-3000

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Doctor of Osteopathy - NY Col of Osteopathic Med of the NY Inst of Tech

Residency: Intern/Resident - St Barnabas Hospitals affiliated with New York Cornell Univ.,
Resident - Nova Southeastern University College

Provider ID # UHC 00010022939 WellCare 2737186



Gonzalez, Julio Cesar MD

Optum–Red Road

701 NW 57th Ave Ste 150, Miami, FL 33126

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-2680

Specialty: Internal Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - University of Havana

Residency: Intern/Resident - Calixto Garcia University Hospital

Provider ID # UHC 00040071234 WellCare 2737144



Siervo, Mario P. MD

Optum–Red Road

701 NW 57th Ave Ste 150, Miami, FL 33126

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-2680

Specialty: Family Medicine **Language(s):** English, Italian, Spanish

Medical school: Doctor of Medicine - Univ Autonoma de Guadalajara (Facultad de Medicina)

Residency: Resident - University of Central Florida

Provider ID # UHC 00010020456 WellCare 2737174



Capote, Eddy MD

Optum–Westchester

9101 SW 24th St Ste 100, Miami, FL 33165

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-7506

Specialty: Family Medicine - Hospice and Palliative Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - Ross University School of Medicine

Residency: Intern/Resident - University of Minnesota Medical School-Twin Cities, Resident -
State University of New York

Provider ID # UHC See Payor Website

OPTUM



Jimenez, Humberto J. MD

Optum–Westchester

9101 SW 24th St Ste 100, Miami, FL 33165

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-7506

Specialty: Family Medicine **Language(s):** English, Spanish

Medical school: Doctor of Medicine - St George University School of Medicine

Residency: Resident - Montefiore Medical Center

Provider ID # UHC See Payor Website

OPTUM



Pollock, Solangel MD

Optum–Westchester

9101 SW 24th St Ste 100, Miami, FL 33165

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-7506

Specialty: Internal Medicine **Language(s):** English

Medical school: Doctor of Medicine - Instituto Superior De Ciencias Medicas De Villa Clara

Residency: Intern/Resident - Jamaica Hospital Medical Center

Provider ID # UHC See Payor Website

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Quintana, Maria L. MD

Optum–Westchester

9101 SW 24th St Ste 100, Miami, FL 33165

Mon.–Fri.: 8:00 a.m.–5:00 p.m. | office: 1-305-260-7506

Specialty: General Practice **Language(s):** English, Spanish

Medical school: Doctor of Medicine - University of Havana

Residency: General Hospital Jose R. Lopez

Provider ID # UHC See Payor Website WellCare 2737171

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