

## Specialized support for conditions in pregnancy



OB Homecare services are highly successful in improving outcomes while giving patients the advantage of receiving care at home.

### Service benefits:

- **High-risk OB RNs:** High-risk OB RNs provide knowledgeable support and have experience managing complex pregnancies.
- **Regular assessments:** Nurses monitor clinical status, reinforce compliance and identify potential complications in order to avoid unnecessary hospitalization.
- **Specialized equipment:** Use of specialized equipment such as syringe-based continuous subcutaneous infusion pumps and biometric wireless telemetry equipment for relevant therapies.
- **Individualized education:** Individualized education and clinical support from obstetrical and diabetes trained RNs.
- **24/7 nurse availability:** Patients have access to 24/7 telephonic support.
- **Home-based care:** OB nurses conduct telephonic, text or in-home visits to provide specialized treatments, assessments and education.
- **Insurance authorization and referral process:** Assistance with insurance authorization, claims processing and optimizing the referral process.

### Programs:

- Nausea and Vomiting of Pregnancy (NVP)
- Preeclampsia
- Diabetes in Pregnancy

### Provider benefits:

- Reduced patient calls
- Reduced unscheduled patient visits
- Increased support and resources for your patients
- Increased documentation of patient management and surveillance
- High patient satisfaction

## OB Homecare services with 24/7 OB RN support

Programs	Highlights	Benefits
<p><b>Nausea and Vomiting of Pregnancy (NVP)</b></p> <p>Continuous medication infusion management</p> <p>2 services available:</p> <ul style="list-style-type: none"> <li>- Ondansetron</li> <li>- Metoclopramide</li> </ul>	<ul style="list-style-type: none"> <li>• All equipment, medication and supplies delivered to the patient's home</li> <li>• Medication management per physician's plan of care</li> <li>• Continuous subcutaneous antiemetic therapy using syringe-based infusion pump technology</li> <li>• 24/7 access to OB RN support</li> <li>• Regular telephonic assessments by an OB RN of patient's clinical status</li> <li>• Access to nutritional assessments and recommendations</li> <li>• Weekly clinical reporting</li> </ul>	<ul style="list-style-type: none"> <li>• Decreases ER visits and hospitalizations</li> <li>• Reduces office calls and after-hours contacts from patients</li> <li>• SQ route is less invasive than intravenous</li> <li>• Steady state serum levels of medication</li> <li>• Dosing titrated for efficacy per protocol</li> </ul>
<p><b>Preeclampsia</b></p> <p>Nursing surveillance with remote patient monitoring</p> <p>3 services available:</p> <ul style="list-style-type: none"> <li>- At Risk for Preeclampsia</li> <li>- Preeclampsia</li> <li>- Postpartum Preeclampsia</li> </ul>	<ul style="list-style-type: none"> <li>• All equipment and supplies included and delivered to the patient's home</li> <li>• Frequent monitoring and clinical evaluation</li> <li>• Actional, biometric data via wireless telemetry equipment</li> <li>• Identifies changes in clinical status, which may indicate instability related to development or progression</li> <li>• Preeclampsia service includes 14-day postpartum surveillance</li> <li>• Compliance monitoring</li> <li>• 24/7 access to OB RN support</li> <li>• Weekly clinical reporting</li> </ul>	<ul style="list-style-type: none"> <li>• Frequent assessment of clinical status</li> <li>• Timely identification of disease state progression</li> <li>• Reduces office calls and after-hours contacts from patients</li> <li>• Comprehensive documentation of adherence to plan of care</li> <li>• One-on-one telephonic support from an OB RN empowers patients and reinforces education</li> </ul>
<p><b>Diabetes in Pregnancy</b></p> <p>Maintaining normal blood sugar levels during pregnancy</p> <p>2 services available:</p> <ul style="list-style-type: none"> <li>- Insulin injection</li> <li>- Insulin pump</li> </ul>	<ul style="list-style-type: none"> <li>• All equipment, supplies and insulin included and delivered to the patient's home</li> <li>• Dosing and adjustment according to Optum protocol or provider parameters</li> <li>• Frequent monitoring and clinical evaluation</li> <li>• Customized and culturally sensitive meal plans</li> <li>• Compliance monitoring</li> <li>• 24/7 access to OB RN support</li> <li>• Weekly clinical reporting</li> </ul>	<ul style="list-style-type: none"> <li>• Reduces risk of maternal and newborn complications</li> <li>• Timely interventions/insulin adjustments</li> <li>• Reduces office calls and after-hours contacts from patients</li> <li>• Eliminates need for insulin reorders</li> <li>• One-on-one support from a diabetes specialized OB RN empowers patients and reinforces education</li> </ul>



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