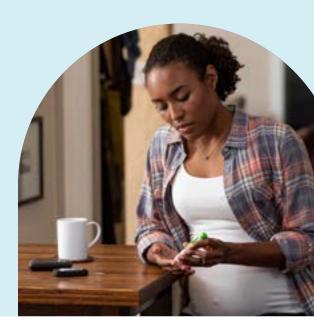
# **Optum**

# Diabetes in Pregnancy

Maintaining normal blood sugar levels during pregnancy



# **Highlights:**

- All equipment, supplies and insulin included and delivered to the patient's home
- Dosing and adjustment according to Optum protocol or provider parameters
- Frequent monitoring and clinical evaluation
- Customized and culturally sensitive meal plans
- · Compliance monitoring
- · 24/7 access to OB RN support
- · Weekly clinical reporting

#### **Benefits:**

- Reduces risk of maternal and newborn complications
- Timely interventions/insulin adjustments
- Reduces office calls and afterhours contacts from patients
- · Eliminates need for insulin reorders
- One-on-one support from a diabetes specialized OB RN empowers patients and reinforces education

## Clinical criteria:

- Patient would benefit from additional support and resources for tight glycemic control
- Glucose out of range with diet and/or oral agent

## 2 services available:

- Insulin injection
- Insulin pump

#### Outcomes\*:

- 97.7% compliance rate in participant blood glucose testing\*\*
- 16.6% reduction in fasting blood glucose >95
- 27.3% reduction in PPBG 2 hr≥120
- 38.6% reduction in PPBG 1 hr > 140



**To prescribe** this service for a patient, complete the **Prescription Form.** 

<sup>\*</sup> A descriptive analysis of 312 patients receiving Diabetes in Pregnancy services. Optum National January 1, 2017-December 31, 2021; published September 12, 2022

<sup>\*\*</sup> Non-compliance based on participants with no recorded readings on 3 or more consecutive days