OptumCare™ Transitions to SNF maintains continuity of care during the critical days following discharge from an acute care setting. The program identifies and addresses patient needs immediately following discharge and at routine intervals at the skilled nursing facility (SNF).

Inadequate communication and patient non-compliance account for many readmissions. Most cases are the result of discharge timing, errors and oversight during the period between discharge from a rehabilitation facility and resumption of care by the primary physician.

With Transitions to SNF, patients receive comprehensive transition care delivered by OptumCare clinicians helping each patient continue on the path to recovery.

The transition to a rehabilitation facility includes:
- Creation of a personalized transition plan.
- Caregiver assessment.
- Patient education and guidance on how to self-manage condition(s) and who to call when problems arise.
- Communication with primary care physician and follow up.
- Continued monitoring and check-ins during the skilled stay.
- Access to the OptumCare communications team comprising nurse care managers and care manager assistants.
- HIPAA-compliant, online health records for efficient tracking of patient care.
- Coordination with existing health plan programs.

Financial value
- Transitions to SNF breaks the readmission cycle, providing an average savings of $13,000 per member\(^1\)
- 50 percent of patients do not follow up in a clinic before readmission\(^2\)
- Transitions to SNF reduces readmissions by 33 percent\(^3\)
With experience in the SNF environment since 1987 and the clinical expertise of our nurse practitioners, OptumCare is able to provide individualized medical care from admission to discharge, reduce the average length of stay while ensuring appropriate care and stabilize the readmission rate from SNF back to the acute inpatient setting. OptumCare is committed to quality care and improving the lives of the members we serve, resulting in improved clinical outcomes for participating members.

Sources:
1. An existing Transitions to SNF payer client, January 2016 data.
3. 2013 Achieved results with an Optum Hospital to SNF program in MA as compared to UDSMR National Data.

About Optum
Optum is a leading information and technology-enabled health services business dedicated to helping make the health system work better for everyone. With more than 105,000 people worldwide, Optum delivers intelligent, integrated solutions that help modernize the health system and improve overall population health. Visit optum.com or call 1-800-765-6807 for more information.