

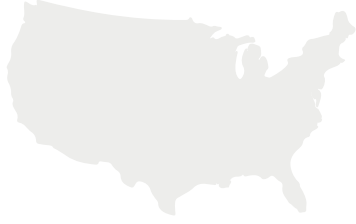
# Individuals with I/DD and the Transition to Managed Care

More than 7 million Americans have intellectual or developmental disabilities (I/DD).<sup>1</sup> A majority of services for assisting people with I/DD are covered on a fee-for-service basis. This includes home- and community-based services (HCBS) and Medicaid intermediate care facilities for individuals with intellectual disabilities (ICF/IID). The fee-for-service model is costly, inefficient and inconsistent. **Many states are considering a transition to managed care for I/DD services.** They see it as an opportunity to enhance the delivery of services and make the most out of Medicaid funding.

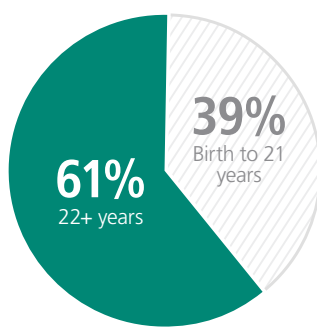
As states transition to managed-care models to deliver I/DD services, it's vital they work with managed care organizations, beneficiaries, providers, and program stakeholders to ensure that individuals with I/DD and their families receive the full range of services and supports they need. Following are some points to consider as you begin planning.

## I/DD DEMOGRAPHICS

**7.37 million** in the U.S. have an I/DD<sup>1</sup>



**20% (1.5 million)** are served by state agencies<sup>1</sup>



Of the **1.5 million** served by state agencies, the majority are over ages 22+<sup>1</sup>

### Longer duration of services



People with I/DD are **living longer**, approaching the lifetime of the nondisabled<sup>2</sup>

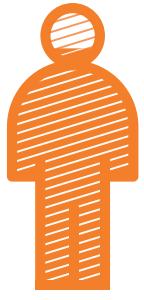


Many I/DD individuals have **caregivers over the age of 60**<sup>3</sup>



Close to **1 million individuals** will soon need a new service and support structure<sup>4</sup>

## PUBLICLY FUNDED I/DD SERVICES AND SUPPORTS



**83%** of those with I/DD served by the state received publicly funded long-term services and supports (LTSS)<sup>5</sup>

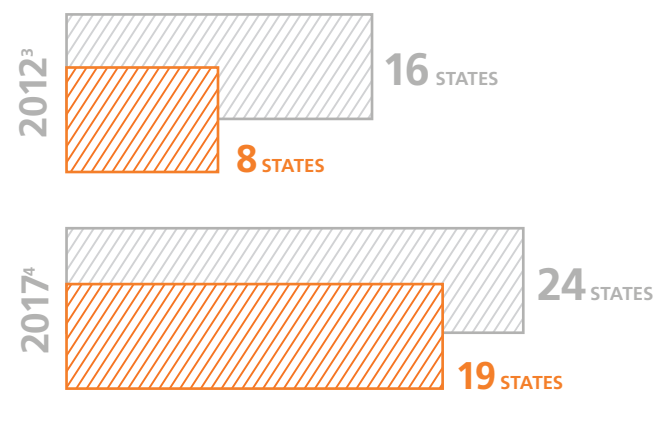
How these 1.2 million people with I/DD receive LTSS services:<sup>6</sup>

- 54% through Medicaid waivers funding authority
- 29% through a Medicaid HCBS
- 15% received state-funded LTSS
- 13% received no Medicaid or state-funded LTSS
- 5% received supports in a Medicaid ICF/IID

Note: Some people received services funded through more than one funding authority.

A greater percentage of states that offer managed care for LTSS provide these services to adults with I/DD

### Total number of states offering managed LTSS



■ STATES WITH MANAGED LTSS  
■ STATES WITH MANAGED LTSS FOR ADULTS WITH I/DD

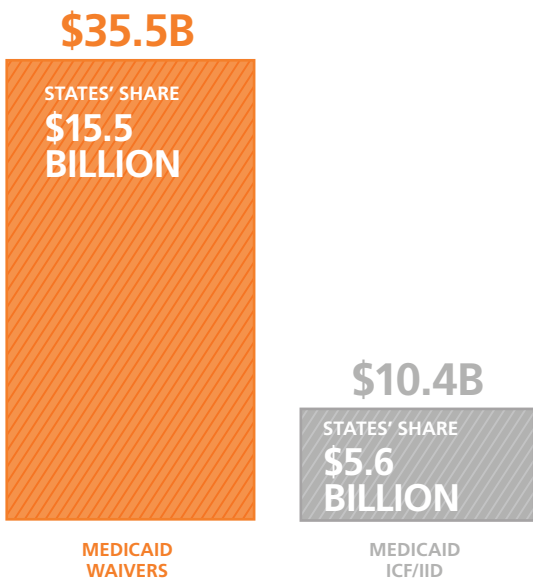
## COMMUNITY SERVICES ARE KEY

**HCBS and other waiver-based services** are not traditionally covered under managed care. However, states should include these services in their transition plans, since they are the predominant way individuals with I/DD receive their support.

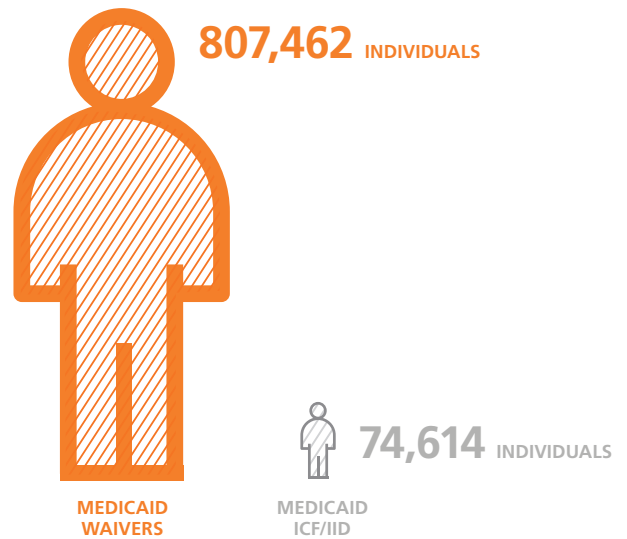
### Medicaid waivers / VS / Medicaid intermediate care facilities

Medicaid waiver services have greater expense and utilization than Medicaid ICF/IID

#### Medicaid expense<sup>7</sup>

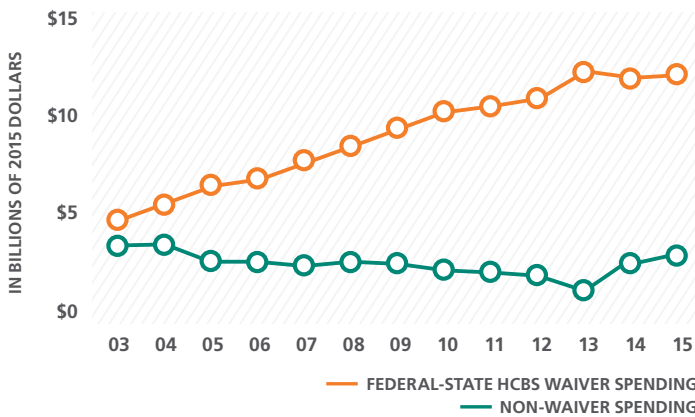


#### Medicaid utilization<sup>8</sup>



For over a decade, the **majority of Medicaid expenditures for individuals with I/DD were for HCBS**, which are typically provided on a fee-for-service basis

### Supported living, family support and supported employment spending: FY 2003–2015<sup>8</sup>



Most individuals with I/DD are in their **home community**

### Living arrangements for LTSS recipients with I/DD (from most independent to least independent)<sup>9</sup>



- 11% live in their own home
- 57% live in the home of a family member
- 5% in a host/foster family home
- 25% group setting
- 2% nursing home or psychiatric facility

### Average per-person annual cost of LTSS for individuals with I/DD<sup>8</sup>



SUPPORTS IN FAMILY HOME  
**\$25,072**



SHARED LIVING  
**\$44,122**



HCBS (24-HOUR STAFFED)  
**\$70,133**

## INDIVIDUALS WITH I/DD ARE NO STRANGERS TO MANAGED CARE



Approximately **50%** of those with I/DD who receive Medicaid services obtain medical care through a managed care organization<sup>7</sup>



However, only around **100K individuals** have their HCBS under any type of managed care<sup>8</sup>

**FOR MORE INFORMATION, CONTACT YOUR OPTUM REPRESENTATIVE OR CALL 1-866-427-6845**

#### Sources

- RISPFY 2016 Report, Institute on Community Integration, University of Minnesota.
- Mahar E, Sladen J, Nitsch C. Older caregivers of people with intellectual and developmental disabilities. The Arc of the United States. [giaging.org/issues/older-caregivers-of-people-with-intellectual-developmental-disabilities](http://giaging.org/issues/older-caregivers-of-people-with-intellectual-developmental-disabilities). Accessed Dec. 3, 2018.
- Saucier P, Kasten J, Burwell B, Gold L. The growth of managed long-term services and supports (MLTSS): A 2012 Update. Truven Health Analytics (now IBM Watson Health); 2012. [medicaid.gov/medicaid-chip-program-information/by-topics/delivery-systems/downloads/mltss\\_white\\_paper\\_combined.pdf](http://medicaid.gov/medicaid-chip-program-information/by-topics/delivery-systems/downloads/mltss_white_paper_combined.pdf). Accessed Dec. 13, 2018.
- Lewis E, Eiken S, Amos A, Saucier P. The growth of managed long-term services and supports programs: 2017 Update. Truven Health Analytics (now IBM Watson Health); 2018. [medicaid.gov/medicaid/managed-care/downloads/ltss/mltss-inventory-update-2017.pdf](http://medicaid.gov/medicaid/managed-care/downloads/ltss/mltss-inventory-update-2017.pdf). Accessed Dec. 13, 2018.
- Braddock et al. State of the states in intellectual and developmental disabilities. Coleman Institute and Department of Psychiatry, University of Colorado; 2017. [stateofthestates.org/documents/UnitedStates.pdf](http://stateofthestates.org/documents/UnitedStates.pdf). Accessed Dec. 3, 2018.
- Lakin KC, Doljanac R, Byun SY, Standcliffe RJ, Taub S, Chiri G. Factors associated with expenditures for Medicaid home- and community-based services (HCBS) and intermediate care facilities for persons with mental retardation (ICF/MR) services for persons with intellectual and developmental disabilities. *Intellectual and Developmental Disabilities*; June 2008;46(3):200–214.
- Louis R. Is your organization managed-care ready? An OPEN MINDS executive seminar on provider organization planning and positioning for success. PowerPoint presented at the 2018 OPEN MINDS Management Best Practices Institute; August 2018.
- American Association on Intellectual and Developmental Disabilities. State of the states in intellectual and developmental disabilities; 11th edition, 2017.