John’s Bariatric Surgery Journey

The right approach at the right time
The Optum approach to bariatric surgery ensures that each candidate is cared for before surgery, during the procedure and after surgery. Preparing patients effectively for bariatric surgery yields better economic and clinical outcomes.

Meet John
Obesity is a serious health issue, and bariatric surgery is an effective way to address the long term health risks associated with morbid obesity. Surgery helps to improve or resolve many types of cancer, type 2 diabetes, hypertension, hyperlipidemia and sleep apnea in morbidly obese individuals. However, surgery is only a tool. Strict dietary, exercise and lifestyle changes are essential to long-term success.

Meet John. John decided to address his morbid obesity with bariatric surgery, and along with the support and guidance of a Bariatric Resource Services Nurse Case Manager, achieved his surgery goal and an improvement in his health.

BRS offers the support, education, tools, resources and care from some of the top bariatric facilities and experts in the country to help make the journey to improved health successful.

John is a fictitious character used to illustrate programs and services. Stock photo used. Member name and some details changed to protect member privacy.

To learn more about the advantages Optum offers your members, contact your Optum sales representative. Or call 1-866-427-6845, email engage@optum.com or visit www.optum.com.