Medication-assisted treatment (MAT) network
Improving access to specialized providers

Substance use disorders (SUDs) affect nearly 21 million Americans. Millions more misuse alcohol or prescription medications or use illicit drugs each year, putting them at risk for addiction.\(^1\) Treating SUDs requires an approach that reflects the complex nature of these chronic medical conditions. MAT is an evidence-based treatment that combines FDA-approved medications with counseling, behavioral therapy and recovery support. It can diminish the risk of overdose, relieve cravings and promote healing.\(^2\)

Optum® Behavioral Health is bolstering treatment success by offering the nation’s largest MAT network, so individuals are connected to high-quality services nearby.

Optum MAT Network
Geo-mapping identifies where expansion is needed.

\(90\%+\) of our members are within 20 miles of a MAT provider, so members can access care locally.\(^6\)

\(3,000+\) MAT facilities across the U.S.

For more information, visit optum.com/behavioralhealth or contact your Optum representative.

2. SAMHSA. Medication and Counseling Treatment. samhsa.gov/medication-assisted-treatment/treatment.
3. From an October 2018 Optum analysis, savings reflect the difference in typical paid per case members who receive MAT interventions vs. those who do not receive MAT interventions during the 180-day post index period for UnitedHealthcare E&I fully insured & ASO members receiving MAT treatment for opioid use and alcohol use disorders from January 1, 2015 to December 31, 2017; Source: N. Ly 10/2018.
5. The American Psychiatric Association For the Pharmacological Treatment of Patients with Alcohol Use Disorder; Guideline Statements and Information; January 2018; psychiatryonline.org/doi/full/10.1176/appi.books.9781615371969.alcohol04.

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