Delivering and managing health care at key phases of life for U.S. Military Service **Members and Veterans** 

## **Joining** the service

OptumServe supports the Department of Defense through the U.S. Military Entrance Processing Command (MEPCOM) Program by performing medical tests for military applicants to ensure they meet the minimum physical requirements to join the military.

35K+ military applicants served in 2019

Serving in the military

As the prime contractor for the Military Health System Nurse Advice Line, we help the military population get the right care, in the right place and at the right time. Access care 24/7/365







via MHS Nurse Advice Line. Within 30 seconds or less, reach a nurse for advice

or a care coordinator for customer service. OptumServe also supports the Department of Defense through the

Reserve Health Readiness Program (RHRP) by performing health readiness exams to help ensure our country's military is physically and mentally ready to deploy.









Leaving the military

OptumServe assists the







432K+ reservists served in 2019



Starting

civilian life

Department of Veterans Affairs by providing compensation and pension examinations.

Serving 39 states + DC OptumServe facilitates development of clinical practice guidelines for the Departments of Defense and Veterans Affairs. Clinicians access these guidelines to make the right care decisions for service members and Veterans.

Includes, but not limited to:

SUICIDE PREVENTION

TYPE 2 DIABETES

STRESS DISORDER

LOW BACK PAIN

health and well-being

**Improving** 

clinical practice guidelines since 2012

Developed and updated 20+

Lifestyle Coaching (TLC) program is supported by OptumServe to help Veterans meet health and wellness goals. TLC addresses the following behaviors:









The Veterans Health Administration's Telephone



TLC is currently offered at 20+ locations across the United States.

care

Optum is the third-party administrator for the VA Community Care Network (VA CCN) for Regions 1, 2 and

3, helping the VA accomplish its goal of delivering

Seeking Veteran health

Aging as a

Veteran

health care needs as they age.1 The Optum HouseCalls service demonstrates positive health outcomes for thousands of patients across the U.S., with the opportunity to do the same for the Veteran

home- and communitybased services, caregiver

population. Recent results include: 14%

DECREASE IN

IN 2019

high-quality care to the Veterans they serve. COMPLEMENTARY AND INTEGRATIVE HEALTH SERVICES









VA CCN

**ADMISSIONS** 

**ASSESSMENTS** COMPLETED

OptumServe touched the lives of 1M+ service members and Veterans in 2019

**About OptumServe** OptumServe is the federal health services business of Optum and UnitedHealth Group (NYSE: UNH). We are proud to partner with the Departments of Defense, Health and organizations to help modernize the U.S. health system and improve the health and well-being of those we collectively serve.

Learn more about OptumServe: Call: 1-800-765-6092 Email: innovate@optum.com Visit: optumserve.com

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