

Biometric screening At-Home Kits FAQ for COVID-19 situation

Effective July 2020

In support of your ongoing efforts to engage employees in your health and wellness program and maintaining their safety, we recommend adding At-Home Kits to your biometric program. These kits are an alternative for participants to complete their biometric screening while adhering to physical distancing guidelines of the CDC and local jurisdictions during the corona virus outbreak. At-Home Kits can be shipped to employees in all states except New York.

What is the benefit of adding At-Home Kits to my organization's biometric health screening program?

The At-Home Kit option provides your employees an easy, convenient method to complete their biometric screenings in the safety of their home. Features include:

- Online ordering
- Easy to use, self-administered test
- Fasting, full lipid profile
- Self-reporting of height, weight and blood pressure
- Prepaid shipping
- Step-by-step instructions and video

Why is the At-Home Kit option not currently available in New York?

At home collection is not supported by current NY state regulations.

How long will it take to add At-Home Kits to my organization's biometric program?

- For existing biometric solutions clients with an open program, the At-Home Kit option will be made available on the client's registration site within two weeks of the request.
- For new clients, the At-Home Kit will be available on the employee registration site upon program launch.

How does the At-Home Kit testing process work?

The step-by-step process of the At-Home Kit is described below.



To view step-by-step instructions and demonstration video for Quest biometric at-home kits, visit their website: questforhealth.com/collection-card

For additional questions, please contact:
ingenuity@optum.com
1-866-427-6804



Biometric At-Home Kit step-by-step

With the COVID-19 outbreak, Dan is working at home and practicing physical distancing to keep him and others safe. He wants to participate in his employer's well-being program and complete his biometric screening at home.

1



Dan receives information from an email promotion campaign.

2



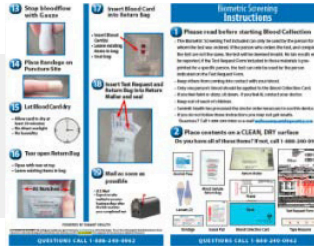
He visits the registration site and requests the At-Home Kit.

3



The kit is shipped to his doorstep (3–5 business days).

4



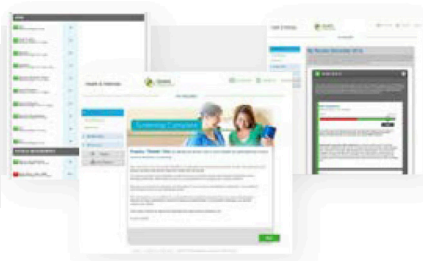
Dan follows the instruction card or watches video to administer the fingerstick test.

5



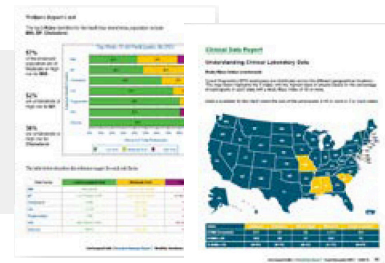
He mails his specimen, in a prepaid postage mailer provided in the kit, the same day he collects the sample.

6



Dan's results are posted online within 7 to 10 business days and are also mailed to his address.

7



Dan's anonymous results are included in the client's Our Company Profile report provided at the end of the program year.