



## Global employee assistance

**Maximise productivity and performance on a global scale**

Improve workforce engagement — let Optum<sup>®</sup> be your single source for employee assistance programmes tailored to local needs, languages and cultures.

### Connecting the dots for better engagement

In a stressed-out world, employees and their families can get 24/7 support for behavioural health needs, work-related issues and a range of services. Management consultation, training and critical incident response are also included. Account management and reporting are handled locally.

**Learn how Optum can help you manage your population health, engage your employees, and provide a fun and easy-to-use digital health experience.**



### Access Optum EAP

- Unlimited access 24/7/365
- Available via a toll free phone number, or online at **[livewell.optum.com](https://livewell.optum.com)**
- Immediate access to help or referral for a face-to-face consultation
- Referral to specialist or other benefit provider



### EAP services

- Personal consultation and referral
- Management consultation
- Critical incident response services
- Programme and service navigation
- Training and development

**Email: [global@optum.com](mailto:global@optum.com)**

**Call: +44 1865 787370**

**Visit: [optum.com/globalemployers](https://optum.com/globalemployers)**