Musculoskeletal Solutions

MANAGE ESCALATING MUSCULOSKELETAL (MSK) SPEND AND UTILIZATION
Optum® Musculoskeletal Solutions provides a suite of capabilities to address MSK conditions and medical spend. Our member-focused, holistic approach includes early intervention to promote conservative care, outcomes and utilization monitoring to ensure appropriate treatments, and access to high-performing providers and Centers of Excellence (COEs).

OPTUMDIGITAL TOOLS
Remote access to care
Get access to virtual self-management programs for best-in-class multimodal therapy consisting of physical exercises, relaxation exercises and education.

FAST FACTS: MSK CONDITIONS
1. $12K annual MSK spend per Medicare member
2. 48% of Medicare members ages 65+ use MSK services per year
3. $14K annual MSK spend per commercial member
4. 20% of commercial members use MSK services per year

MSK SOLUTION BENEFITS
3:1+ ROI

SAVINGS:
1. Outpatient Rehab Services | 35%
2. Surgical COE (per procedure) | 26%
3. Post-Acute Facility | 15%
4. Spine/Pain/Joint Utilization | 10%
5. Focused Claims Review Professional | 14–28%

To learn more, contact Optum at ingenuity@optum.com.

CARE MANAGEMENT
Holistic and member-focused
With advocacy at the core, members receive direct, digital or virtual access to specialized nurses and high-performing providers throughout the continuum of care, from early pain onset through treatment and beyond.

NATIONWIDE NETWORK
Surgical COE and physical medicine specialists
Optum collaborates with top facilities and physical health providers to help ensure quality care and convenient access at negotiated rates.

UTILIZATION MANAGEMENT
Integrated programs
Help reduce pre- and post-medical expenses by addressing spinal disease, joint surgery and back pain care including surgery, pain procedures and outpatient therapies.

DIGITAL TOOLS
Remote access to care
Get access to virtual self-management programs for best-in-class multimodal therapy consisting of physical exercises, relaxation exercises and education.

Sources:

11000 Optum Circle, Eden Prairie, MN 55344  optum.com

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