

The Optum TeleHealth Solution advances personal health accountability and care management.



What it is

When it comes to health management, knowledge is power. The Optum TeleHealth Solution delivers that knowledge wirelessly through scales, blood pressure monitors, pulse oxymeters, thermometers and user-friendly health questions. The information collected through these devices is shared securely with both patients and their providers, arming both with vital data to help people stay healthy, get healthy or live with a condition.

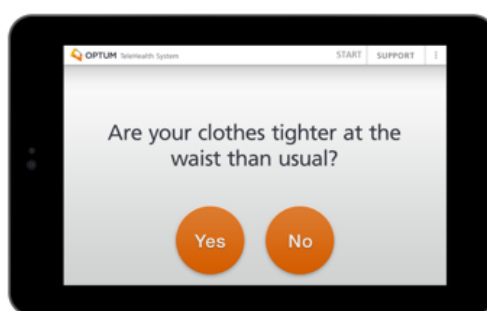
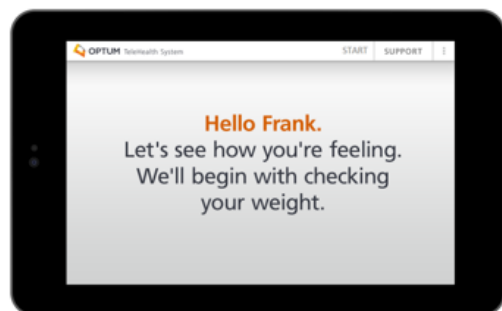
An easy and effective way to help manage conditions such as diabetes, COPD, heart failure and high-risk pregnancies, our TeleHealth solutions work with many Optum health management programs, providing an integrated and highly effective experience.

How it works

Patients simply use the Optum-provided peripherals and/or mobile device as instructed by their provider, once a day or more, depending on the situation. The data collected by our TeleHealth Solution is transmitted via secure communication (cellular or broadband) to an Optum nurse. If the nurse sees a significant change in the data trend — or gaps in data — she calls the patient to verify the information and notifies the designated physician by fax. The nurse then contacts both the individual and the physician to ensure that follow-up occurs in a timely manner. The tracking of vital signs and symptoms improves the efficiency of interventions to help support adherence to treatment plans.

With FDA clearance, our proprietary software enables the use of our devices over the counter — no prescription necessary.

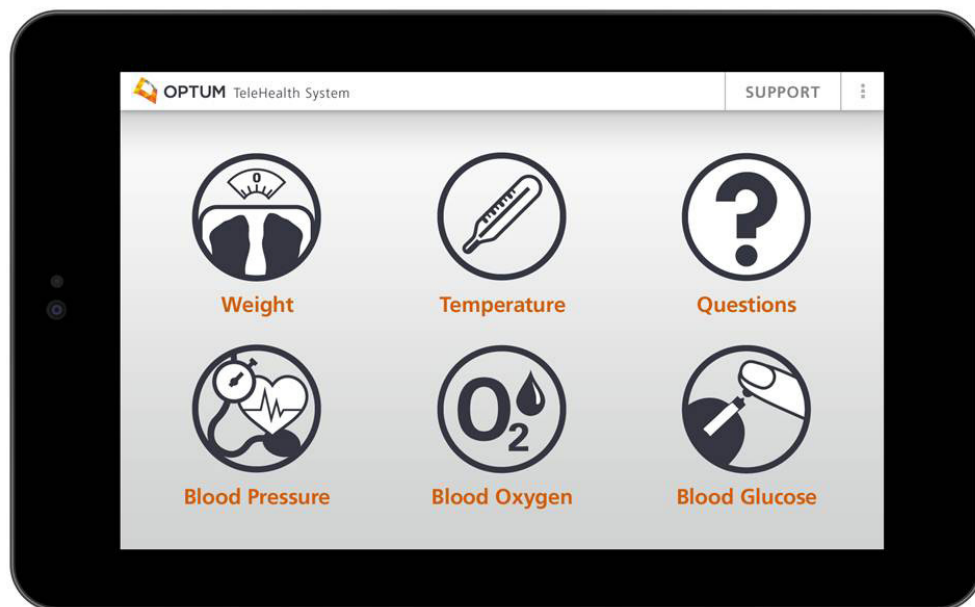
Our solution is not standalone like many other legacy TeleHealth solutions. Our Optum TeleHealth software is compatible with most off-the-shelf mobile devices and tablets.



Benefits

With a dose of innovation, helping people stay healthy, get healthy or live with a condition has never been easier. The Optum TeleHealth Solution helps people — and their providers — monitor vital sign information continuously and conveniently, identifying potential issues early to avoid more serious and costly medical events.

The simple interface makes it really easy to track information from a variety of devices.



Summary

You can trust the experts at Optum to deliver secure and effective TeleHealth Solutions that leverage the breadth of our capabilities, data and experience. Our world-class innovations and rigorous, high-quality standards help transform health outcomes and lives.

To learn more about Telehealth Solutions, please contact:

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