## **OB Homecare**

# **Optum**

## **Preeclampsia**

Nursing surveillance with remote patient monitoring



## **Highlights:**

- All equipment and supplies included and delivered to the patient's home
- Frequent monitoring and clinical evaluation
- Actional, biometric data via wireless telemetry equipment
- Identifies changes in clinical status which may indicate instability related to development or progression
- Preeclampsia service includes 30-day postpartum surveillance
- · Compliance monitoring
- 24/7 access to OB RN support
- · Weekly clinical reporting

#### **Benefits:**

- · Frequent assessment of clinical status
- Timely identification of disease state progression
- Reduces office calls and after-hours contacts from patients
- Comprehensive documentation of adherence to plan of care
- One-on-one telephonic support from an OB RN empowers patients and reinforces education

## Clinical criteria:

- At Risk for Preeclampsia –
  20+ weeks gestation and has
  risk factors for developing
  preeclampsia. Chronic hypertension
  patients may be accepted into the
  At Risk for Preeclampsia service
  prior to 20 weeks GA for blood
  pressure surveillance.
- Preeclampsia 20+ weeks gestation diagnosed with preeclampsia with absence of severe features
- Postpartum Preeclampsia –
   Diagnosed at delivery or following delivery, as being at risk for preeclampsia or with preeclampsia without severe features

### Three services available:

- · At Risk for Preeclampsia
- Preeclampsia
- · Postpartum Preeclampsia



**To prescribe** this service for a patient, complete the **Prescription Form**