

## Step therapy – Premium

Utilization management updates  
Jan. 1, 2024



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

**This is a list of medications that have been added to the step therapy program.**

### **Here's how it works:**

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your Optum Rx member ID card.

## Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
<b>Anti-infectives</b>		
Bacterial vaginosis agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	<b>VANAZOLE</b>
	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	<b>SOLOSEC</b>
Oral brand tetracyclines	Any one of the following generics: doxycycline or minocycline	<b>VIBRAMYCIN</b>
	Both of the following generics: doxycycline AND minocycline	<b>SEYSARA</b>
Otic agents	Generic ofloxacin	<b>CETRAXAL</b>
<b>Cardiovascular</b>		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	<b>EDARBI, EDARBYCLOR, TEKTRINA HCT</b>
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND preferred brand <b>LIPOFEN</b> or fenofibrate cap	<b>FENOGLIDE, FIBRICOR</b>
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	<b>ALTOPREV, EZALLOR, FLOLIPID</b>
<b>Central Nervous System</b>		
ADHD agents	Any one of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER	<b>AZSTARYS<sup>2</sup>, JORNAY PM<sup>2</sup></b>
	Any three of the following generics or preferred brand: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER	<b>ADDERALL XR<sup>2</sup>, APTENSIO XR<sup>2</sup>, CONCERTA<sup>2</sup>, DESOXYN<sup>2</sup>, DEXEDRINE<sup>2</sup>, EVEKEO-ODT<sup>2</sup>, METHYLIN<sup>2</sup> solution, PROCENTRA<sup>2</sup>, RELEXIX<sup>2</sup></b>
	Any two of the following generics: atomoxetine, guanfacine, clonidine	<b>KAPVAY</b>
Anticonvulsants <sup>3</sup>	Any one of the following generics: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	<b>BRIVIACT, XCOPRI</b>
	Any one of the following generics: topiramate IR or topiramate IR sprinkle	topiramate ER
Antidepressants <sup>3</sup>	Generic bupropion ER	<b>APLENZIN<sup>2</sup></b>
	Any two of the following generics: desvenlafaxine ER, duloxetine, venlafaxine, venlafaxine ER	<b>FETZIMA<sup>2</sup></b>
	Any two of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	<b>DESVENLAFAXINE ER<sup>2</sup>, PAXIL suspension, TRINTELLIX<sup>2</sup></b>
	Generic duloxetine	<b>DRIZALMA<sup>2</sup></b>
Antidepressants	Generic vilazodone	<b>VIIBRYD<sup>2</sup></b>
Antipsychotics <sup>3</sup>	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR/ER, risperidone, ziprasidone	<b>CAPLYTA<sup>2</sup>, FANAPT<sup>2</sup></b>
	Any one of the following brands: <b>INVEGA SUSTENNA</b> or <b>INVEGA TRINZA</b>	<b>INVEGA HAFYERA</b>
Insomnia agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER	<b>BELSOMRA<sup>2</sup>, DAYVIGO<sup>2</sup></b>
	Any one of the following generics: zolpidem, zolpidem ER	<b>EDLUAR<sup>2</sup></b>
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	sumatriptan-naproxen <sup>2</sup> , <b>ZOMIG NASAL<sup>2</sup>, ZOLMITRIPTAN SPRAY<sup>2</sup></b>

**Bold type = Brand-name drug**

Plain type = Generic drug

Condition	Step 1	Step 2
Neurologic agents	Generic gabapentin	<b>GRALISE</b> <sup>2</sup>
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	pregabalin ER <sup>2</sup> , <b>SAVELLA</b> <sup>2</sup>
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	diclofenac capsule, diclofenac powder, <b>INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsules, LOFENA, MELOXICAM susp, TIVORBEX, VIVLODEX</b>
Opioid withdrawal	Generic clonidine	<b>LUCEMYRA</b> <sup>2</sup>
Parkinson's disease	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	<b>RYTARY</b>
	Generic entacapone	<b>ONGENTYS</b>
	Both of the following generics: rasagiline, selegiline	<b>XADAGO</b> <sup>2</sup>
<b>Dermatology</b>		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, <b>FINACEA FOAM, SOOLANTRA</b>	<b>FINACEA GEL, ZILXI</b>
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% <sup>2</sup>
	Both of the following generics: fluorouracil, imiquimod 5%	<b>KLISYRI</b>
	Generic imiquimod 5%	imiquimod 3.75%
Topical immunomodulators	Generic tacrolimus ointment	pimecrolimus <sup>2</sup> , <b>PROTOPIC<sup>2</sup> ointment</b>
	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	<b>EUCRISA</b>
	Any three of the following generics or preferred brands: clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, <b>TACLONEX suspension, ENSTILAR foam</b>	<b>SERVINO</b>
<b>Endocrinology</b>		
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	<b>CYCLOSET, RIOMET</b>
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	<b>JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRAJENTA</b>
GLP-1 agonists	One metformin-containing agent	<b>SOLIQUA<sup>2</sup>, XULTOPHY<sup>2</sup></b>
Thyroid Replacement	Generic levothyroxine	<b>ADTHYZA, ARMOUR THYROID</b>
<b>Gastroenterology</b>		
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol	<b>LINZESS<sup>2</sup>, SYMPROIC<sup>2</sup></b>
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand <b>LINZESS<sup>1</sup></b>	<b>MOTEGRITY<sup>2</sup></b>
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	<b>ACIPHEX SPRINKLE<sup>2</sup>, ESOMEPRAZOLE STRONTIUM<sup>2</sup>, LANSOPRAZOLE susp, FIRST-OMEPRAZOLE, PRILOSEC PACKET<sup>2</sup>, PROTONIX PACKET<sup>2</sup></b>
<b>Miscellaneous</b>		
Antigout agents	Generic allopurinol	<b>ULORIC</b> , febuxostat
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	<b>FERAHEME</b> , ferumoxytol, <b>INJECTAFER, MONOFERRIC</b>

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Condition	Step 1	Step 2
Phosphate binders	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	<b>FOSRENOL, PHOSLYRA</b>
<b>Obstetrics and Gynecology</b>		
Contraceptives	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	<b>TAYTULLA</b>
Hormone replacement	Any one of the following preferred brands: <b>IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM</b>	<b>FEMRING<sup>2</sup></b>
	Any two of the following preferred brands: <b>IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM</b>	<b>INTRAROSA</b>
	Generic estradiol patch	<b>ALORA, MENOSTAR, MINIVELLE</b>
<b>Oncology</b>		
Antifolate agent <sup>3</sup>	Generic pemetrexed	<b>ALIMTA, PEMETREXED, PEMFEXY</b>
Chemotherapy rescue agents	Generic levoleucovorin	<b>KHAPZORY</b>
<b>Ophthalmology</b>		
Antiglaucoma agents	All of the following generics and preferred brand: latanoprost, travoprost, <b>LUMIGAN</b>	<b>XELPROS<sup>2</sup></b>
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	bepotastine
<b>Respiratory</b>		
Epinephrine auto injectors	Generic epinephrine	<b>EPIPEN</b>
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, <b>ZYFLO</b>
Long-Acting Bronchodilator Combinations	Any one of the following preferred brands: <b>ADVAIR HFA, BREO ELLIPTA, SYMBICORT</b>	fluticasone/salmeterol diskus <sup>2</sup> , Wixela Inhub <sup>2</sup>
<b>Urology</b>		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	<b>CARDURA XL</b>
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	<b>ENTADFI<sup>2</sup></b>
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, <b>MYRBETRIQ</b>	<b>GELNIQUE, OXYBUTYNIN solution, OXYTROL<sup>2</sup></b>
<b>Generic First</b>		
	Generic equivalent	<b>PYLERA</b>

Step therapy requirements are effective as of Jan. 1, 2024. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

<sup>1</sup> These agents are also subject to additional step requirements as indicated in table.

<sup>2</sup> Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

<sup>3</sup> Applies to new starts only



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